## Join U3A Port Hills

If you have reached retirement age and are interested in self improvement and a bit of social and intellectual stimulation then U3A may be just what you need!

U3A Port Hills is the local branch of an organisation for retired people that focuses on positive activity. We have monthly meetings with excellent speakers and a raft of small interest groups ranging from social to academic. We offer the opportunity for personal growth in a friendly environment with the level of involvement entirely up to you.

U3A stands for "University of the Third Age" but you don't need to be academic to join us; you just need to be interested in living! We are non-political and non-religious.

If you are interested and would like more information then check out our website at www.u3aporthills.org.nz or phone George on 960 3993 or email secretary@u3aporthills.org.nz.

